

## Introduction Ilse Muchitsch, ECH SC pharmacy coordinator

Ilse Muchitsch is working as a pharmacist in Vienna since successfully completing her University degree in Pharmacy (thesis in Biochemistry). She is currently working in a pharmacy in Vienna. One part of her work is primarily focused on homeopathic pharmacy in preparing potentized remedies (C, D, LM/Q), in so called “magistral preparation”.

### Pharmacy in Vienna



Ilse Muchitsch 2014



She leads the Interdisciplinary Homeopathic Working Group:

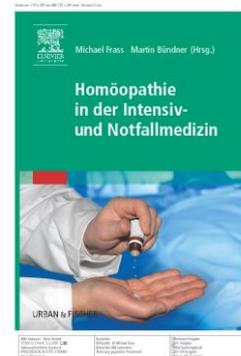


### HomResearch

for Pharmacy – Medicine – Biochemistry – Physics – Psychology  
at the Austrian Chamber of Pharmacy, Department Vienna.

In the last 15 years in-service training events, lectures at the University of Vienna (Department of Pharmacy) and working groups have been organised by these organizations, dedicated to the task of exploring scientific models of explanation, teaching and practice of homeopathic pharmacy. Furthermore Ilse Muchitsch is an author of the Austrian Journal of Pharmacy (Österreichische Apothekerzeitung).

Ms. Ilse Muchitsch is co-working with Michael Frass, MD. Professor of Medicine, Internal physician, internal intensivist, homeopath, at Medical University of Vienna.



### **Intensive care medicine:**

Intensive care medicine is an indispensable part of modern medicine. Intensive care medicine supports or substitutes organ failure, until it is taken over again by the body. Morbidity as well as mortality of critically ill patients is still very high. Therefore, it seems to be worthwhile to strengthen the disposition of critically ill patients.

Michael and I have first used homeopathy in preliminary observations. Encouraged by some surprising improvements we performed two studies, one about sepsis<sup>1</sup> and the other about reduction of tracheal secretions.<sup>2</sup> The first was published in Homeopathy, the second one in a conventional journal.

<sup>1</sup>Frass M, Linkesch M, Banyai S, Resch G, Dielacher C, Löbl T, Endler C, Haidvogel M, Muchitsch I, Schuster E. Adjunctive homeopathic treatment in patients with severe sepsis: a randomized, double-blind, placebo-controlled trial in an intensive care unit. Homeopathy. 2005;94:75-80

<sup>2</sup>Frass M, Dielacher C, Linkesch M, Endler C, Muchitsch I, Schuster E, Kaye A.

Influence of potassium dichromate on tracheal secretions in critically ill patients.

Chest 2005;127:936-41

In 2007 the German version of “**Homeopathy in Intensive - and Emergency Medicine**“ describing different critical situations as well as numerous case reports was published (Editors: Michael Frass and Martin Bündner, Elsevier Verlag, Munich, Germany 2007). The English version is scheduled to be published by Narayana in 2015.

I have published the pharmaceutical part in detail. The knowledge of several pharmaceutical aspects of homeopathy in intensive medicine is extremely important. The use of potentized remedies in intensive medicine has become a meaningful, practical form of concomitant treatment, as carefully triggered reactions to remedies stimulate the healing process. The criteria relating to the quality, manufacture and application of remedies are extremely important, as optimum results can only be obtained by using perfectly prepared remedies.

However, potentized remedies show quality discrepancies as regards source materials, manufacture and storage. One of our tasks is in understanding and preparing the optimal remedies, like Q-potencies (Q=quinguagintamillesimalpotency, dilution 1:50,000). Therefore we started several cooperations, like studies in thermoluminescence with Prof. Louis Rey and to learn about different criteria of dilutions and other preparations.

Understanding homeopathy means for me as a pharmacist understanding various criteria of starting materials, the procedure of succussion and the “storing effects”.

## Oncology



**Michael Frass, MD**, Professor of Medicine, Director,

Outpatient Unit: **Homeopathy in malignant Diseases**, Medical University Vienna, Austria  
Dept. Medicine, **Division Oncology**

Homeopathy is also used additively in cancer patients. Patients with cancer often suffer from a decrease in quality of life. Searching for new treatments, there is still the question left, whether homeopathy is able to help to alleviate the disease and to be able to increase the subjective finding and the perceived quality of life.

**The goal of additive homeopathy *in oncology* is “individualized medicine”.**



*I am participating in a prospective evaluation of a homeopathic walk-in clinic.*

Two questionnaires have been distributed over a period of three years with issues about subjective finding and quality of life. The first was generated by Michael Frass, MD, and the second was a standardized form, named "EORTC-QLQ C30". About 400 patients were included in this evaluation. They had all received the diagnosis "cancer" and underwent a complementary homeopathic therapy in addition to their conventional medical treatment. Each patient had to fill out the form for a minimum three times.

Results: The analysis exhibits a significant improvement in subjective finding from the second consultation on. At the second and third term there was a significant average improvement in subjective feeling as well as in quality of life.

Our evaluation suggests that subjective finding and quality of life of oncology patients can improve significantly under an additive homeopathic treatment. Most of the patients have been administered Q-potencies, which I have prepared.

Now, being elected as ECH coordinator pharmacy, I want to continue this scientific focused path in research as well. My colleagues and I will try to follow the remits of SC pharmacy as you can see on ECH Homepage.

<http://www.homeopathyeurope.org/about-ech/subcomitees/pharmacy-subcommittee>



Ilse Muchitsch, ECH coordinator SC pharm., Thomas Peinbauer, ECH president



**Ilse Muchitsch** Mag. pharm.

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